

PSR Newsletter

Annunciation Catholic Church



Community in the Classroom

One of the exciting and important aspects of PSR is a prayerful COMMUNITY. In the classroom, the students wear name tags, helping them get to know one another, and they are invited to wear their Annunciation PSR t-shirts, both during PSR and out in the community. We are grateful to the Annunciation Parish Men's Club and Colleen Mooney, our PSR Learning Consultant, for donating these.

While the Catechists work hard to bring our faith alive for students, the PSR program also helps to build community with the families. Families are invited to join us for prayer and service at various times throughout the year, and for cookies during dismissal. Family participation in PSR and Sunday Mass is the key to a deeper encounter with Jesus and then letting the Holy Spirit do the rest!



October is the Month of the Rosary

The Rosary is one of the many wonderful devotions given to us through our Catholic faith to deepen our relationship with Jesus Christ. In PSR, we share with the children the importance of prayer, the Rosary, and other devotions, with Jesus always being at the center of everything. Children may simply begin their experience with the Rosary by learning the prayers, seeing their parents pray it, praying together as a family, holding a Rosary during prayer, or keeping it with them.

Check out this link to Father Mike's video, where he explains how October came to be the Month of the Rosary:

<https://www.youtube.com/watch?v=kaWsTEmHmTQ>

Wednesday, October 10, PSR students will say a school-wide Rosary. Families are invited to join us!

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REMINDERS

No PSR Class
October 17 and 31

2

T-SHIRTS!

Please be sure your children wear their PSR T-shirts to class October 10, when we will participate in a school-wide Rosary and take class pictures.

3

IMPORTANT DATES

November 1 is
All Saints Day
November 2 is
All Souls Day
Check Mass Schedules

Did You Know?

Deepening Prayer Experience Through the Rosary

*With the help of our spiritual mother, Mary, the Rosary invites us into meditative prayer as we verbally repeat a series of prayers while focusing our minds and hearts on the life, passion, death, and Resurrection of our Lord Jesus Christ. We can use imaginative prayer and our senses to visualize the mysteries of the Rosary, as if we are there with Jesus and Mary or looking through the eyes of Mary.

*We can deepen into contemplative prayer by taking a few moments before beginning to pray the Rosary and asking God to show us how each mystery relates to our life now.

*We can then listen for God in our hearts during the meditation, as we focus in prayer on those mysteries and are open to God's message to us in our current lives. He may speak to us in a word, or show us an image, a relationship, or remind us of people or interactions in our life.

*We can then try to understand what Jesus is saying to us about that particular moment and live out that message in our everyday lives, extending our prayer.

* It's a beautiful encounter and prayerful experience with our Lord when we can give ourselves the gift of time and quiet to be present to the Lord in this way.

* The journey of prayer deepens and changes over time, and everyone experiences prayer and encounters Jesus differently throughout their lives.

The Beauty of Mass

by Ann Kelly

Fr. Mike once said in a homily during Mass that this is our "spiritual home." The beauty of that image and truth has stayed with me. Raising our children in our "spiritual home" is a gift that we can show our gratitude by participating in Sunday Mass and being active in our church community. Mass is central to

our faith because there is nowhere else we can experience the miracle of Jesus in the Eucharist. Planning Sundays around Mass may not always

be easy in this world, but, when we make God the center of our lives, we teach our children this value and give them a firm foundation of faith in Jesus Christ who is the only one who can fill us with true happiness and joy.



For our PSR children, attending Mass regularly with their families not only helps them know how to participate fully in PSR when we celebrate Mass, but it

allows them to more fully experience the beauty of the Eucharist. Building memorable family moments around Mass, like praying together and having a special meal afterwards, can extend the JOY of the Eucharist and help create lasting family traditions. Sundays are always a great day for families to share God's JOY with others through random acts of kindness.

Celebrating the Sacraments

This year, Annunciation PSR and Holy Cross Academy paired up to adopt two new programs full of engaging materials to help students prepare to celebrate the Sacrament of Reconciliation in 2nd Grade and the Sacrament of Confirmation in 8th Grade. Second grade has adopted Signs of Grace, a program created by the Augustine Institute and Eighth grade will be using Chosen from Ascension Press.

These programs offer engaging videos, activity books, prayer cards, and resources for the family as they prepare their children to receive the fullness of these Sacraments and become lifelong Disciples of Christ.